

## Lillian B.

About her family and her favorite things to do.

Lillian and her late husband, Marwan, were married for 69 years and together they raised five children on their family farm. She enjoys daily crossword puzzles, reading novels, going on walks and she is always working on a puzzle.

## The secret to her longevity and a fun fact about her.

Lillian's secret is to take care of your body by eating good meals, exercising and having FUN! A fun fact about her is that she was on her schools basketball team "Dundee Luckies" and played the position of forward and occasionally a guard. Back on the farm she would ride her bicycle about 7 miles a day while their family dog Shep ran beside her. Lillian loved to work on the farm and help drive the tractor. After a long days work on the farm Lillian and Marwan would go out for supper and dance until 1am! Then they would get back up by 6:30am for chores.

Something she enjoyed as a child that today's kids would never dream of doing and her favorite quote.

She enjoyed gardening and canning. She often says "try something new, you never know if you don't try".